BDSM CHECKLIST

Please note that this checklist is not intended to replace Negotiations; rather enhance it by allowing both parties to give/gain some basic information prior to further discussion.

General Information								
☐ I am a Dominant, Master or a Top ☐ I am a submissive, slave or bottom								
My Experience level is:								
		_						
Beginner	A little bit	Average	A lot	Extensive				
	My Sexu	al orientation is	s:					
Straight	Gay/Lesbian	Bi-sexual	l	Bi-Curious				
	I prefer a 1	relationship to	be:					
Monogamous	☐ Polyan	norous	☐ Does i	not matter				
In scene I prefer to wear the following: (check all that apply)								
Denim	Gothic Lac	e Latex	/Rubber [Leather				
		<u>, </u>	,					
Other (Explain): Attached details on a separate sheet please								
I have Medical Conditions or Physical Limitations my partner should know about								
☐ Yes ☐ No ☐ If <u>Yes</u> is ticked Attached details on a separate sheet please								

ACTIVITY LIST

Click only one box per activity/column as multiple boxes can be checked causing the results to be confusing to the O/one who receives them. If Y/you accidentally click more then one simply click again on the one Y/you don't want marked.

In the interest column:

"Limit" denotes a hard limit (lowest).

"Maybe"- you would only do it for the Dom/me/Top.

"Curious"- you would like to explore it further.

"OK" - an interest or like of the activity.

"Do it" - you definitely want that activity (highest)

Activity		e you ipated	Interest in Participating				
Abrasion	Yes	□No	Limit	Maybe	Curious	□ОК	☐ Do It
Anal Sex	Yes	□No	Limit	Maybe	Curious	ОК	☐ Do It
Arm and Leg Sleeves	Yes	□No	Limit	Maybe	Curious	□ОК	☐ Do It
Beating (Soft)	Yes	□No	Limit	Maybe	Curious	□ОК	☐ Do It
Beating (Hard)	Yes	□No	Limit	Maybe	Curious	ОК	☐ Do It
Blindfolds	Yes	□No	Limit	Maybe	Curious	ОК	☐ Do It
Biting	Yes	□No	Limit	Maybe	Curious	ОК	☐ Do It
Brest Bondage	Yes	No	Limit	Maybe	Curious	ОК	☐ Do It
Branding	Yes	□No	Limit	Maybe	Curious	ОК	☐ Do It
Bondage (Soft)	Yes	□No	Limit	Maybe	Curious	□ОК	☐ Do It
Bondage (Hard)	Yes	□No	Limit	Maybe	Curious	□ОК	☐ Do It
Breath Play (Soft)	Yes	□No	Limit	Maybe	Curious	ОК	☐ Do It
Breath (Hard)	Yes	□No	Limit	Maybe	Curious	□ОК	☐ Do It
Brown Showers	Yes	□No	Limit	Maybe	Curious	□ОК	☐ Do It
Caning	Yes	□No	Limit	Maybe	Curious	□ОК	☐ Do It
Catheterization	Yes	□No	Limit	Maybe	Curious	ОК	☐ Do It
Chauffeuring	Yes	□No	Limit	Maybe	Curious	ОК	☐ Do It

Choking	□Yes	□No	Limit Maybe Curious OK Do It
Chosen Food	□Yes	□No	Limit Maybe Curious OK Do It
Chosen Clothing	□Yes	□No	Limit Maybe Curious OK Do It
Clothes Pegs	□Yes	□No	Limit Maybe Curious OK Do It
Cock Worship	□Yes	□No	Limit Maybe Curious OK Do It
Collars	Yes	□No	Limit Maybe Curious OK Do It
Corsets	□Yes	□No	Limit Maybe Curious OK Do It
Cuffs	□Yes	□No	Limit Maybe Curious OK Do It
Cutting	□Yes	□No	Limit Maybe Curious OK Do It
Dilation	□Yes	□No	Limit Maybe Curious OK Do It
Electric Play	□Yes	□No	Limit Maybe Curious OK Do It
Enemas	Yes	□No	Limit Maybe Curious OK Do It
Examination (Physical)	□Yes	□No	Limit Maybe Curious OK Do It
Exhibitionism	Yes	□No	Limit Maybe Curious OK Do It
Face Slapping	□Yes	□No	Limit Maybe Curious OK Do It
Fantasy Rape	Yes	□No	Limit Maybe Curious OK Do It
Fire Play	Yes	□No	Limit Maybe Curious OK Do It
Fisting	Yes	□No	Limit Maybe Curious OK Do It
Flogging	Yes	□No	Limit Maybe Curious OK Do It
Following Orders	Yes	□No	Limit Maybe Curious OK Do It
Foot Worship	□Yes	□No	Limit Maybe Curious OK Do It
Forced Dressing	□Yes	□No	Limit Maybe Curious OK Do It
Forced Masturbation	Yes	□No	Limit Maybe Curious OK Do It
Forced Nudity	□Yes	□No	Limit Maybe Curious OK Do It
Forced Servitude	Yes	□No	Limit Maybe Curious OK Do It
Full Head Hood	Yes	□No	Limit Maybe Curious OK Do It
Gags	Yes	□No	Limit Maybe Curious OK Do It
Given away	□Yes	□No	Limit Maybe Curious OK Do It
Golden Showers	Yes	□No	Limit Maybe Curious OK Do It

Hair Brushes, Spanked	Yes	□No □Limit □Maybe □Curious □OK □ Do It
Hair Pulling	Yes	□No □Limit □Maybe □Curious □OK □ Do It
Hand Jobs(Getting)	Yes	□No □Limit □Maybe □Curious □OK □ Do It
Hand Jobs (Giving)	Yes	□ No □ Limit □ Maybe □ Curious □ OK □ Do It □
Head (Getting)	Yes	□ No □ Limit □ Maybe □ Curious □ OK □ Do It □
Head (Giving)	Yes	□No □Limit □Maybe □Curious □OK □ Do It
Heel Worship	Yes	□No □Limit □Maybe □Curious □OK □ Do It
Homage with Tongue	Yes	□No □Limit □Maybe □Curious □OK □ Do It □
Hot Waxing	Yes	□ No □ Limit □ Maybe □ Curious □ OK □ Do It □
Human Puppy Dog	Yes	□No □Limit □Maybe □Curious □OK □ Do It □
Humiliation (Private)	Yes	□No □Limit □Maybe □Curious □OK □ Do It
Humiliation (Public)	Yes	□ No □ Limit □ Maybe □ Curious □ OK □ Do It □
Humiliation (Verbal)	Yes	□No □Limit □Maybe □Curious □OK □ Do It
Ice Play	Yes	□No □Limit □Maybe □Curious □OK □ Do It
Infantilism	Yes	□ No □ Limit □ Maybe □ Curious □ OK □ Do It □
Injections	Yes	□No □Limit □Maybe □Curious □OK □ Do It
Interrogations	Yes	□ No □ Limit □ Maybe □ Curious □ OK □ Do It □
Kidnapping	Yes	□ No □ Limit □ Maybe □ Curious □ OK □ Do It □
Knife/Edge Play	Yes	□ No □ Limit □ Maybe □ Curious □ OK □ Do It □
Kneeling	Yes	□No □Limit □Maybe □Curious □OK □ Do It
Latex/Rubber Fetish	Yes	□No □Limit □Maybe □Curious □OK □ Do It □
Leather Fetish	Yes	□ No □ Limit □ Maybe □ Curious □ OK □ Do It □
Licking	Yes	□No □Limit □Maybe □Curious □OK □ Do It
Massage (Getting)	Yes	□No □Limit □Maybe □Curious □OK □ Do It □
Massage (Giving)	Yes	□ No □ Limit □ Maybe □ Curious □ OK □ Do It □
Medical Scenes	Yes	□ No □ Limit □ Maybe □ Curious □ OK □ Do It □
Mummification	Yes	□No □Limit □Maybe □Curious □OK □ Do It
Mouth Bits	Yes	□ No □ Limit □ Maybe □ Curious □ OK □ Do It □
Nipple Clamps	Yes	□No □Limit □Maybe □Curious □OK □ Do It □

Nipple Weights	∐Yes	□No □Limit □Maybe □Curious □OK □ Do It
Oral Fixation	Yes	□No □Limit □Maybe □Curious □OK □ Do It
Over the Knee Spanking	Yes	□No □Limit □Maybe □Curious □OK □ Do It □
Orgasm Control/Denial	Yes	□No □Limit □Maybe □Curious □OK □ Do It
Penetration (Double)	Yes	□No □Limit □Maybe □Curious □OK □ Do It
Penetration (Triple)	Yes	□No □Limit □Maybe □Curious □OK □ Do It
Piercing (permanent)	Yes	□No □Limit □Maybe □Curious □OK □ Do It
Piercing(Play/temp)	Yes	□No □Limit □Maybe □Curious □OK □ Do It □
Phone sex	Yes	□ No □ Limit □ Maybe □ Curious □ OK □ Do It □
Pony Play	Yes	□No □Limit □Maybe □Curious □OK □ Do It □
Pussy Worship	Yes	□No □Limit □Maybe □Curious □OK □ Do It □
Pussy Whipping	Yes	□No □Limit □Maybe □Curious □OK □ Do It □
Riding Crop	Yes	□No □Limit □Maybe □Curious □OK □ Do It
Role playing	Yes	□No □Limit □Maybe □Curious □OK □ Do It
Religious Scene	Yes	□ No □ Limit □ Maybe □ Curious □ OK □ Do It □
Scat	Yes	□No □Limit □Maybe □Curious □OK □ Do It □
Scratching	Yes	□ No □ Limit □ Maybe □ Curious □ OK □ Do It □
Scent Play	Yes	□ No □ Limit □ Maybe □ Curious □ OK □ Do It □
Sensory Deprivation	Yes	□No □Limit □Maybe □Curious □OK □ Do It
Servitude	Yes	□No □Limit □Maybe □Curious □OK □ Do It
Serving as Furniture	Yes	□No □Limit □Maybe □Curious □OK □ Do It
Sexual Deprivation	Yes	□ No □ Limit □ Maybe □ Curious □ OK □ Do It □
Shaving	Yes	□No □Limit □Maybe □Curious □OK □ Do It
Spanking	Yes	□No □Limit □Maybe □Curious □OK □ Do It
Speculums (Virginal)	Yes	□ No □ Limit □ Maybe □ Curious □ OK □ Do It □
Speculums (Anal)	Yes	□ No □ Limit □ Maybe □ Curious □ OK □ Do It □
Spreader bars	Yes	□No □Limit □Maybe □Curious □OK □ Do It
Stocks	Yes	□ No □ Limit □ Maybe □ Curious □ OK □ Do It
Stocking Worship	Yes	□No □Limit □Maybe □Curious □OK □ Do It

Straight Jackets	Yes	□No	Limit	Maybe	Curious	□OK □ Do It
Strap-On Dilbos	Yes	□No	Limit	Maybe	Curious	OK Do It
Suspension	Yes	□No	Limit	Maybe	Curious	OK Do It
Supplying Victims	Yes	□No	Limit	Maybe	Curious	OK Do It
Swapping	Yes	□No	Limit	Maybe	Curious	OK Do It
Swinging	Yes	□No	Limit	Maybe	Curious	OK Do It
Tattoos	□Yes	□No	Limit	Maybe	Curious	OK Do It
Teasing	Yes	No	Limit	Maybe	Curious	OK Do It
Tickling	Yes	No	Limit	Maybe	Curious	OK Do It
Uniforms	Yes	□No	Limit	Maybe	Curious	OK Do It
Video Taping Scenes	Yes	□No	Limit	Maybe	Curious	OK Do It
Voyeurism	Yes	□No	Limit	Maybe	Curious	OK Do It
Whipping	Yes	□No	Limit	Maybe	Curious	OK Do It
Wrestling	Yes	□No	Limit	Maybe	Curious	OK Do It